

**Governor's Monthly Letter** 

Issue 07

January 2025









- 1. DGE Dr Tina Antoney and Dr Antony at District Governor Elect Graduation Ceremony
- 2. Rotary Institute Convenor RI Director Anirudha Roychowdhury & Shipra and Institute Chair PDG John Daniel & Meera with RI President Stephanie A Urchick
- 3. DGN Krishnan G Nair and Rajasree being recognized during TRF Dinner at Rotary Institute
- 4. Lighting of the Ceremonial Lamp @ Multi-District Presidential Conclave, Kochi

## **MESSAGE FROM ROTARY INTERNATIONAL PRESIDENT**



I always walk into meetings at my home club of McMurray, Pennsylvania, with a smile on my face. A few years ago, someone arrived late. Instead of scolding the person, we cheered. Since then, we've made it a tradition to applaud all members when they arrive for meetings. It's tough not to smile with a greeting like that.

There's nothing more powerful for engaging and retaining members than a club that's vibrant, welcoming, and yes, fun.

Think back to what drew you to Rotary. Chances are, it wasn't just the service projects or professional networking. It was the people — the friendships, the shared laughter, and the joy of working toward a common purpose. That's what keeps us coming back.

If you're looking for that sense of joy in your meetings, don't be afraid to ask yourself and your fellow members some tough questions. If you were a prospective member, would you join your current club? It's a powerful question but don't stop there.

Do members of your club feel that they belong? Are your meetings fun? If not, what can you do about it together?

At your next meeting or event, try something new to bring out a few extra smiles. It's the simple things that create lasting bonds and make clubs simply irresistible.

Here's one example of a club moving in the right direction. The Rotary Club of Fukushima, Japan, has been combining environmental responsibility with community fun since 2021. In Japan, people have made picking up trash into a sport known as SpoGomi, and every year the club hosts a game. This year, more than 400 participants cheered each other on while they came together to improve their community.

This event is an excellent example of how Rotary clubs can have fun, make a difference, and raise awareness for broader global challenges, all at the same time. And the inclusive, family-friendly format allows people of all ages to participate.

When we enjoy what we do, that energy becomes contagious. It's what attracts new members and keeps our clubs strong and engaged. It helps people feel that they belong.

Retention and culture go hand-in-hand. The healthier our club culture, the more likely members are to stay. Rotary magazine is an outstanding resource for inspiration on how to enhance our club culture and deepen member engagement. I encourage you to explore the stories and strategies in these pages, drawing from other clubs' successes to find ideas that work for you.

Together, we can create a more engaged, enjoyable, and inclusive Rotary that every member can feel proud to be part of. Let's continue with renewed commitment and enthusiasm, living *The Magic of Rotary*.

Stephanie A. Urchick

Rotary International President, 2024-2025

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#### **DISTRICT GOVERNOR'S VOICE**



Dear Rotary Leaders,

Salma joins me in wishing all a Happy and Prosperous New Year 2025.

A New Year comes with great excitement and renewal. It's a good season to make New Year's resolutions. As Rotarians, every January we celebrate and renew our commitment to serve the communities around us through our vocations. This month is a good time for us as Rotarians to use our professional skills to serve our communities and talk about our vocations during our fellowships. We could also help Rotarians, Rotaractors and Interactors to reach a career aspiration, guide and encourage others in their professional development. Helping others reach their career goals is one way of performing vocational service. I believe sharing your club's projects undertaken by you will be opening new opportunities for others to do good in the community. Tell your success stories to others to inspire them.

The single most important factor for a member is club experience. When the members feel emotional connection to their clubs, they cannot imagine leaving. And that connection is forged in "Rotary Moments", the special connection to the people around them and the impact of their services. We are in the relationship business, and if we take care of each other genuinely show concern for each other then we will make friends for life and we will do anything to widen that circle of friendship. Bring in new Rotarians expose your club's activities, inspire your fellow members to do impactful projects, engage them, they can be retained. Learning makes us more knowledgeable. Use our Rotary Website www.rotary.org (Learning Centre). Talk about rotary in your meetings, in public meetings, building image of Rotary. We still need to do more worldwide, Rotary is growing. Let's redouble our efforts to make an impact in our own communities.

Let's be Simple, Humble, but Irresistible.

Once again, A Happy New Year to all Leaders and Families. May god bless you all!

Thanking you,

Yours in Rotary Service,

Rtn AKSM Sudhi Jabbar District Governor



Wonderful GML Darpanam 06 running into 40 pages giving information almost about all the happenings in the district in detail.

My greatest appreciations to your dedicated efforts. Please share the issue which contains your membership seminar which was conducted at Haripad. I was the guest of honour as ARC for your district.

PDG ARC Dr. S. Sheik Saleem, RID3212.

Congratulations, Dear Editor. Thank you for sharing the GML. The issue carries a lot of information and appropriate photographs.

PDG Shanmugasundaram T, RLI Facilitator

Yes, I agree with your thought. Super. Wish u keep doing like this and more. **PP P. Rajamanikkam,** RC Kancheepuram. R I District 3231

Dear Rtn. Sheela Devi,

Delighted to get your GML of Nov and Dec! Thank you! Meeting Rtn. Pradeep Kumar at Chennai was an unexpected and pleasant surprise, earlier this week! My compliments to you as the Chief Ed of the GML. It is a huge task, requiring both enthusiasm and very diligent work. The Editorials made interesting reading while the layout was easy on the eyes and comfortable to read. I also could see that you and your team had taken the pains to cover a plethora of activities - as snippets, notes and a number of pictures!

Congratulations for the great work and may you be blessed with the energy to continue bringing out the future issues - the GML is indeed the true record of a Rotary year! Warm regards,

PDG Subu A Subramaniam D 3233, Chennai. RLI Facilitator

## **EDITOR'S THOUGHTS**



Most of us have heard a story about three sieves, attributed to the Great Greek Philosopher Socrates. Once a man came to Socrates and was about to tell him, something, about another man. Then Socrates told him that before telling, you have to pass it through three sieves. First, whether it is true. Second, whether it is good or positive and third, whether it is necessary. If you are not sure of these, you need not tell.

In Rotary, Rtn Herbert J. Taylor came up a long way from this, when he devised the Four-Way Test. From three points about saying, the Four-Way Test has four points applied to the things we think, say or do.

- Is it the truth?
- Is it fair to all concerned?
- Will it build goodwill and better friendships?
- · Will it be beneficial to all concerned?

In this Vocational Service Month, we have to reinforce the importance of the Four-Way Test and Rotary Code of Ethics in our lives and professions.

As per the second line of the Object of Rotary, let us encourage and foster high ethical standards in business and professions, recognize the worthiness of all useful occupations and dignify each Rotarian's occupation as an opportunity to serve society.

Wish everyone, **A Very Happy and Prosperous New Year**, brightened up with the Magic of Rotary!

#### Rtn Sheela Devi B Chief Editor, GML

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Please send activity reports, project details, suggestions and other articles, along with good quality photographs, by e-mail to rid3211gml202425@gmail.com

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### **LEADERSHIP LESSONS FROM DUBA!!**



On December 14, 2024, District Governor Sudhi and I had the honor of attending a meeting with the Rotary e-Club of Kerala Global in Dubai. This invitation, extended by Rtn. Roy Kurian, the President of the club, was the culmination of over a year of persistent follow up. With my business meetings scheduled in the UAE and Oman, it was the perfect opportunity to connect with fellow Rotarians in the region.

Thanks to Rtn. Roy's efforts, we also had the privilege of meeting Mr. Ahmed Belsalah, the Founder & Chairman of the Association of Rotary Clubs in the UAE. A warm and down to earth leader, Mr. Belsalah welcomed us with genuine hospitality, embodying the collaborative spirit of Rotary. His secretary, Rtn. Maggie, a passionate Macedonian Rotarian married to an Indian from New Delhi coordinated every detail of our visit with meticulous care. Maggie, a former Rotaract DRR, left a lasting impression with her unwavering commitment to Rotary's core values and her dedication to service.

The UAE's Rotary community, though small, is impactful, consisting of just 14 Rotary clubs and 5 high performing Rotaract clubs. Both DG Sudhi and I offered our support for collaborative projects of mutual interest and extended a warm invitation to Mr. Belsalah and Rtn. Maggie to attend our upcoming District Conference in Kochi.

A particularly inspiring moment during our meeting was when Mr. Belsalah shared a story highlighting the significant contribution of Malayalees to the UAE's economic success. He recounted a conversation with a UAE business tycoon whose son proposed starting a new business in Lebanon. While reviewing the proposal, the father asked just one question: "Are there any Malayali entrepreneurs in Lebanon?" When the son replied no, the father immediately dismissed the idea, explaining that without the entrepreneurial spirit and dedication of Malayalees, a country's economy has limited chances of thriving. This anecdote underlined the immense respect and recognition for the hardworking Malayalee community abroad. This story filled us with pride in the contributions of Malayalees abroad.

Mr. Belsalah also highlighted Dubai's visionary leadership, which has propelled the city into a global hub. Free from bureaucratic bottlenecks and political delays, Dubai's leaders make swift, effective decisions with a long term focus on development and progress. This efficiency is a hallmark of the city's success, and as Rotarians, we can draw valuable lessons from Dubai's model of leadership.

Dubai's transformation serves as a powerful reminder of what visionary planning can achieve. The city has brought together people and resources from around the world, creating an ecosystem conducive to investment and free trade. World class facilities rivaling the standards of the most luxurious countries offer opportunities for everyone from the rich and famous to hardworking individuals from India, China, and Russia to celebrate life and build their fortunes. Despite challenges, Dubai has succeeded in making everyone happy.

Dubai exemplifies how futuristic technologies can be harnessed to provide top-tier services to its citizens. The city has deployed an extensive network of surveillance cameras estimated at around 35,000 numbers, significantly enhancing law enforcement capabilities beyond traditional manpower. This strategic integration of technology ensures public safety and underscores Dubai's commitment to leveraging innovation for the well being of its residents.

Reflecting on our visit, I was struck by how Rotary, as a member-based organization, could adopt similar principles of efficiency and vision. By creating a welcoming and enriching environment, Rotary can continuously add value to its members' experiences. Dubai's tagline, "Where the World Comes to Celebrate," relates deeply, offering a parallel for Rotary. If we can foster a dynamic and inclusive environment, Rotary could redefine itself with a tagline like: "Where the World Comes to Build Bonds That Last."

RI DISTRICT 3211 GOVERNOR'S MONTHLY LETTER DARPANAM JANUARY 2025 <mark>0</mark>

In conclusion, our visit to Dubai was not just an opportunity to strengthen Rotary ties but also a moment of introspection. By learning from Dubai's leadership and success, we can enhance the Rotary experience, fostering a sense of community and inspiring members to actively contribute to our global mission of service. With a forward thinking approach, Rotary can become a place where members thrive, celebrate, and leave a lasting impact.

#### **PDG Suresh Mathew**

District Learning Facilitator

#### MEETING WITH ROTARY LEADERS AT DUBAI





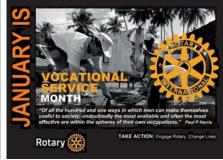


District Governor Sudhi Jabbar and District Learning Facilitator PDG Suresh Mathew visited Rtn Ahmad Belselah, Founder & Chairman of the Association of Rotary Clubs - UAE with at the Rotary UAE Region Officé in Jumeirah Creek Hotel, Dubai. It was truly heartening to hear his appreciation and respect for the contributions of Keralites to the development of the UAE. He also expressed his eagerness to collaborate with Rotary District 3211 in areas of mutual interest.









## HARNESSING AI, ROBOTICS, AND CHATGPT IN HEALTHCARE



As we step into a promising new year, I extend my warmest greetings and heartfelt wishes to all Rotarians for their health, happiness, and continued success!

The healthcare sector is at the cusp of a revolutionary transformation powered by cutting-edge technologies like Artificial Intelligence (AI), robotics, and conversational AI tools like ChatGPT. These innovations have the potential to enhance patient care, streamline medical processes, and improve the overall efficiency of healthcare systems. For practicing doctors and other healthcare professionals, understanding these advancements is not just a necessity but a key to unlocking their full potential in day-to-day practice.

This article aims to shed light on empowering our esteemed doctors and healthcare professionals in Rotary by effectively integrating these advancements into their practice and harnessing their potential while preserving the irreplaceable human touch that defines their profession.

Together, let us explore how AI, robotics, and ChatGPT can support and complement your expertise in delivering exceptional healthcare.

#### Al in Healthcare

All is redefining how healthcare systems operate, primarily by enabling faster and more accurate diagnoses, optimizing treatment plans, and enhancing patient care.

Diagnostics: Al algorithms are capable of analyzing medical images, such as X-rays, MRIs, and CT scans, with remarkable precision. For example, Al-powered tools can detect early signs of cancer, cardiovascular diseases, or neurological conditions, often surpassing human accuracy. This speeds up diagnosis and allows for timely intervention, which is crucial in life-threatening conditions.

Personalized Treatment: By analyzing a patient's genetic data, medical history, and real-time health parameters, AI can recommend tailored treatment plans. Tools like IBM Watson Health are being used to match cancer patients with the most effective therapies based on individual data, significantly improving outcomes.

Predictive Analytics: All can predict potential health issues before they become critical. For example, machine learning models can analyze patient data to identify those at risk of developing chronic conditions like diabetes or hypertension, enabling preventive measures and reducing long-term healthcare costs.

Administrative Efficiency: Al-powered systems streamline administrative tasks such as patient scheduling, medical billing, and managing electronic health records (EHRs). This reduces the workload on healthcare professionals, allowing them to focus more on patient care.

#### **Robotics in Healthcare**

Robotic technology has made significant inroads into healthcare, particularly in surgery, patient care, and rehabilitation.

Surgical Assistance: Robotic surgical systems, such as the Da Vinci Surgical System, provide unparalleled precision, flexibility, and control in minimally invasive procedures. These systems are quided by surgeons and are particularly beneficial in delicate surgeries like cardiac or neurological operations, reducing recovery times and complications.

Patient Care: Robots are being used in hospitals to assist with routine tasks like delivering medications. sanitizing rooms, and even providing companionship to patients. This is especially valuable in managing workloads during pandemics or in elderly care facilities.

Rehabilitation: Robotic exoskeletons and assistive devices aid patients recovering from strokes or injuries by helping them regain mobility and strength. These devices provide consistent support and monitoring, accelerating the rehabilitation process.

**GOVERNOR'S MONTHLY LETTER** 

#### ChatGPT and Conversational Alin Healthcare

ChatGPT, a conversational AI tool developed by OpenAI, brings a new dimension to healthcare communication. By simulating human-like conversations, it can support doctors, nurses, and patients in multiple ways:

- 1. Patient Interaction: ChatGPT can act as a virtual assistant, answering common patient queries about symptoms, medications, or procedures. For example, it can guide patients in understanding pre-surgery preparations or post-treatment care, ensuring they are better informed and engaged.
- **2. Documentation:** Al tools like ChatGPT can assist healthcare professionals in documenting patient notes, summarizing medical records, and generating reports. This reduces administrative burden and ensures that records are accurate and accessible.
- **3. Training and Education:** ChatGPT can be used as an educational tool for medical students and healthcare professionals, providing explanations of complex medical topics, generating practice scenarios, and simulating patient interactions.
- **4. Mental Health Support:** While not a replacement for therapists, ChatGPT-based applications can provide preliminary mental health support by offering empathetic conversations and coping strategies, especially in underserved areas where access to mental health professionals is limited.

#### **Ethical Considerations and Challenges**

While the integration of AI, robotics, and ChatGPT into healthcare offers immense promise, it also raises important ethical and practical considerations:

- **Data Privacy and Security:** Ensuring the confidentiality of patient data is paramount. Robust encryption and compliance with regulations like GDPR and HIPAA are essential for trust.
- **Bias in Al Models:** Al systems must be trained on diverse datasets to avoid biased outcomes, which can lead to disparities in care.
- **Human Oversight:** These technologies should complement, not replace, human healthcare professionals. Maintaining human oversight ensures ethical decision-making and patient-centric care.

#### The Future of Healthcare

The convergence of AI, robotics, and ChatGPT is poised to make healthcare more accessible, efficient, and personalized. For practicing doctors and healthcare professionals, embracing these technologies is not about replacing their expertise but augmenting it. By integrating these tools into their practice, they can improve patient outcomes, reduce workloads, and focus more on the human aspects of care. As these technologies continue to evolve, their potential to transform healthcare is boundless. For healthcare professionals, staying informed and adopting these innovations will be key to navigating the

future of medicine. The journey to smarter healthcare has begun, and the time to join it is now.

#### Rtn PDG PG Muraleedharan







RI DISTRICT 3211

## **ROTARY INSTITUTE KOCHI 2024, GELS & GNLS**

Rotary News, January 2025 issue, seemed to be in a hurry to deliver the news about Rotary Institute Kochi 2024 and appeared two days before the New Year Day. The Institute, coupled with the Governor Elect Learning Seminar (GELS) and Governor Nominee Learning Seminar (GNLS), convened by RI Director Anirudha Roychowdhury is judged as one of the best of its kind.

Kudos to the Institute Chairman PDG John Daniel, Secretary PDG Jose Chacko, Co-ordinator Dr Meera John Daniel and the whole team behind!



## An Institute to remember - Excerpts from Rotary News January 2025

The Kochi Institute will go down in the Rotary annals of India as a "complete Institute", in that it had a mix of everything to satisfy the needs and taste of the participants — from some outstanding speakers to humanitarian projects, great food and entertainment.

At a well planned and executed event, the icing on the cake was the Kerala Carnival organised at the resort's gorgeous waterfront, with the highlight being the vallam kali, Kerala's traditional snake boat race, which offered a thrilling experience to around 225 delegates including DGEs and DGNs. Around 150 professional rowers steered the boats which carried the Rotarians. A line up of mock elephants, like the Thrissur Pooram, chenda melam performances, Kerala-style street food, games and traditional art forms added to the attraction, creating memorable photo opportunities.

RI President Stephanie Urchick launched the 'Green Angels' project to provide CNG-powered autorickshaws to 119 women (symbolising RI's 119th anniversary). The project, done in collaboration with Institute Chair John Daniel's family charity — the Y-Daniel Foundation — hopes to give less privileged women opportunities for suitable income to support their families.

The culinary experience was nothing short of spectacular, with a variety of international dishes, vegetarian and non-vegetarian options, and Jain specialties delighting attendees. The grand finale was the traditional Sadya, served on plantain leaves, stealing the show with its authentic Kerala flavours. Delegates dressed in the state's traditional costume — kasavu saree for women and veshti for men — added to the vibe.

At the end of the day, it was evident that Convenor RID Anirudha Roychowdhury, Chair PDG John Daniel, and the Institute team had worked really hard for this mega event. "Meera and I relocated from our residence in Kollam to Kochi for 40 days to oversee the preparations. Our days started at 4am, and stretched until 11pm, packed with back-to-back meetings. There were 36 committees in all!" said Daniel.

RI DISTRICT 3211 GOVERNOR'S MONTHLY LETTER DARPANAM JANUARY 2025 <mark>0</mark>

## **ROTARY INSTITUTE KOCHI 2024, GELS & GNLS**



















Dr Tina Antoney District Governor Elect

Dear PDG John Daniel and Meera,

 $Congratulations \, on \, the \, resounding \, success \, of \, the \, Rotary \, Institute, \, Kochi!$ 

Your vision and leadership truly shone through every aspect of the program.

From the insightful learning sessions to the inspiring speeches delivered by distinguished speakers, including the inimitable MP Shashi Tharoor, every element reflected careful planning and a commitment to excellence.

The entertainment segment was equally remarkable, DJ evenings, the boat race and carnival, leaving everyone thoroughly engaged and delighted. Thank you for creating such a memorable and impactful experience for all attendees.

My batch-mate District Governors Elect were so impressed and overwhelmed by the experience.

Last but not least, you had the generous blessings of the Almighty when he cleared the skies, and every event organized in the outdoors had His blessings.

We are truly proud of your dedication, commitment, and generosity.

Warm regards,

Antoney and Tina









District Governor Elect Dr Tina Antoney and Dr Antoney









District Governor Nominee Krishnan G. Nair and Rajasree

#### **MULTI DISTRICT ROTARY PRESIDENTIAL CONCLAVE**

#### Empowering girls will transform Communities - Rotary International President Stephanie Urchik.

Giving the keynote address to the Multi District Rotary Presidential Conclave, International President Stephanie Urchick urged Rotary Members to put empowerment of girl children at the forefront of their work. Rotary must create opportunities for girls and change their future. Service projects to enhance their education, safety, health and well being has the power of changing the world.

About 1000 delegates from 6 Rotary Districts in South India attended the Presidential Conclave at Grand Hyatt Convention Centre in Kochi.

President Urchick stressed the need for innovation in club meetings to make them more engaging and attractive to new members. President also commended Rotary clubs in India for their outstanding humanitarian efforts and the steady increase in membership across the region.

Rotary International Director Anirudha Roy Chowdhury asked Rotary Clubs to focus on community projects which can make lasting impact.

Conclave was chaired by Past District Governor John Daniel.

Panel discussion by District Governors N Sundaravadivelu, Dr.Suresh Babu, Dr.Santhosh Sreedhar, Sudhi Jabbar and Meerankhan Salim was moderated by PDG Sunil K Zachariah, Conclave Co-ordinator.

RI Director elect Tom Gump and PDG Jose Chacko also spoke at the Conclave.

Presidential Conclave was attended by several Special Guests including PDGs from many parts of India and Past Director Mahesh Kotbagi.

Rotary Club of Quilon handed over a memento to R I President Rtn Stephanie Urchick, with the club's diamond jubilee logo engraved, at the Multi District Presidential Conclave at Kochi. A shawl was also adorned on her during the event at Kochi.











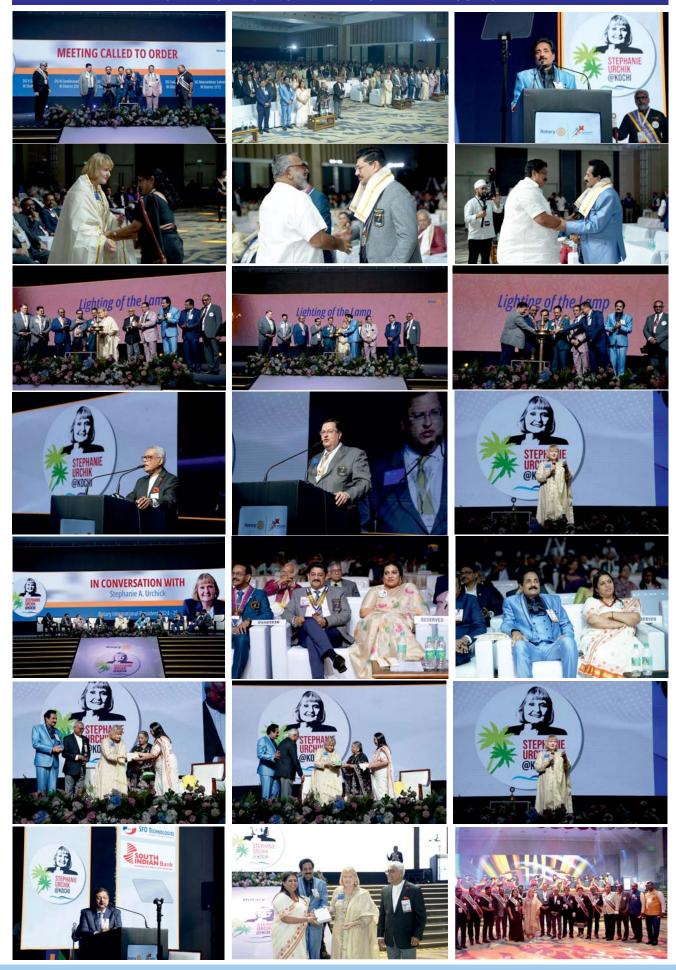








## **MULTI DISTRICT ROTARY PRESIDENTIAL CONCLAVE**



### HERE ARE OUR ASSISTANT GOVERNORS

#### AG Zone 3



Clubs:
Trivandrum Cosmos
Trivandrum Capital
Trivandrum Galaxy
Trivandrum Harmony
Trivandrum Residency

**Home Club :** Trivandrum Cosmos

#### Rtn K. Uthaman Nair

Rtn K Uthaman Nair joined the Rotary club of Trivandrum Cosmos in the year 2014-15. He held various responsibilities at the club level. He served as secretary during the year 2016 -17 and as president 2017-18. He was awarded the best zonal president that year. Rotary District 3211 has honoured him the best Rotarian award in 2022 23.

Rtn Uthaman nair is graduated in BA and Civil Diploma Holder. He started his career as a building designer and is a businessman, and running an Ultratech Cement Shop at Karakulam.

As Assistant Governor of Zone 3, his aim is to support the District Project, to increase the membership and giving maximum contribution to the TRF.

Rtn Uthaman Nair is married to Anupama, a homemaker and the couple is blessed with two children, Mahima studying in 12th Standard and Maanav studying in 8th. Residence is at Thampuranmukku, Vanchiyoor.

#### AG Zone 22



Clubs:
Haripad
Mannar
Karthikappally

**Home Club :** Haripad

#### Rtn Raji John

Rtn Raji John joined Rotary Club of Haripad in 2017. He served the club as Secretary, Chairman Service Projects Committee, President etc. He is the recipient of many Zonal and District Awards.

He is a physics graduate and was in State Bank of India. He retired from SBI Forex Hub Ernakulam as Senior Manager -Team Leader - Imports.

As Assistant Governor, he aims a membership growth of 10% and TRF Contributions of minimum 100 USD from all Club members in his Zone. Haripad Rotary Club is working with a Global Grant Project to install 3 Dialysis Units this year. All members have promised generous TRF contributions for the project and he will be joining the prestigious Major Donor Club to assist this project.

His partner Susan was an HM in a nearby Government High School . They are blessed with two children, both well settled.

#### HERE ARE OUR ASSISTANT GOVERNORS

#### **Rtn Naveen Sunny Alex**

Rtn Naveen Sunny Alex started his Rotary Journey in the year 2011 with the Rotary Club of Calicut, then moved to Rotary Club of Kottayam East in the year 2014 when he moved back to his hometown. He was the Club Secretary in 2016-17, the Club President in the year 2020-21, District RYLA Organizing Chairman in 2021-22 & was District RYLA Chairman in 2023-24.

Naveen holds a Master's Degree in Business Administration and is a Management Professional with 22 years of experience across various industries, currently having business interests in Construction, IT & Stocks and Securities.

As Assistant Governor for the year 2024-25, his aim is to support the clubs within his zone, ensuring that the goals of Rotary International align with the local initiatives, thus fostering collaboration and growth. He expects to achieve this by supporting and strengthening Clubs, concentrating on membership growth and retention, by promoting The Rotary Foundation and Giving, encouraging clubs on community engagement and service projects & acting as fruitful medium in District collaboration and communication.

He is happily married to Rtyn: Merry Alex a lecturer by profession and blessed with two children Abraham Alex & Sarah Alex both studying at MBPS Kottayam.

### AG Zone 35



Clubs:
Kottayam East
Kottayam Gandhi Nagar
Manarcad
Kottayam Southern
Chingavanam

**Home Club :** Kottayam East

#### Rtn S D Suresh Babu

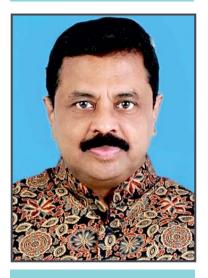
Rtn S D Suresh Babu has had an incredible journey with the Rotary Club Vaikom since joining in 1985, taking on various leadership roles that showcase his dedication to service and community development. He has served the club as Secretary, President and Chairman of various Committees and also took positions at District Level many times.

He is an MBA and LLB holder and is running several business ventures. He had served as Grama Swaraj Co-operative Bank President for an impressive 25 years. He is a multifaceted personality with numerous achievements as Panchayath President of Chempu Panchayath three times, Panchayath Member five times, District Volleyball Association Executive Vice-President (serving), different positions including Vaikom Union President and currently Thalayolaparampu Union Secretary in SNDP Yogam.

As Assistant Governor of Zone 38, he is concentrating and contributing towards membership development in his clubs as well as supporting District Projects Uyare and Udaykiran.

His wife Manju is a teacher in Higher Secondary School, Brahmamangalam. His daughter Lakshmy is an Electronics Engineer in Germany and son Gautham is doing business.

#### AG Zone 38



Clubs : Vaikom Thalayolaparambu Peruva Vaikom Lake City

**Home Club:** Vaikom

RI DISTRICT 3211

**GOVERNOR'S MONTHLY LETTER** 

DARPANAM

**JANUARY 2025** 

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## **DISTRICT GOVERNOR'S OFFICIAL VISITS**







RC DESINGANAD KOLLAM







ROTARY E-CLUB OF KERALA GLOBAL DUBAI







RC TRIVANDRUM COSMOS







RC TRIVANDRUM SUBURBAN







RC NEYYATTINKARA







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RC KUNDARA MID TOWN

## **FAMILY INVOLVED ROTARY ENTERTAINMENT (FIRE)**













## **DISTRICT SEMINAR ON WOMEN IN ROTARY – RI DISTRICT 3212**



District Governor Elect Rtn Dr Tina Antony was the chief guest for "District Seminar on Women in Rotary" of Rotary International District 3212, held at Nagercoil

## **CONTINUOUS ROTARY ORIENTATION PROGRAM (CROP)**







**RC Kozhuvanal** Learning Facilitators Rtn Sam Joseph and Rtn Mathew Thomas





**RC Thalayolaparambu** Learning Facilitator Rtn Sam Joseph







RC Kottayam East Learning Facilitator Rtn Dr Jeevan Joseph





RC Alleppey Learning Facilitator Rtn Prakash Kaimal







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Zone 03 - RCs Trivandrum Cosmos, Tvm Galaxy, Tvm Capital, Tvm Harmony and Tvm Residency Learning Facilitators Rtn Pradeep Kumar and Rtn Sathyan

## **CONTINUOUS ROTARY ORIENTATION PROGRAM (CROP)**



Zone 09 - RCs Venjaramoodu, Kallara, Kilimanoor and Attingal Town Learning Facilitators Rtn Pradeep Kumar ad Rtn Dr Rajendran





Zone 15 - RCs Quilon East, Quilon Lotus, Kollam Metro, Greater Kollam and Tangasseri Quilon Learning Facilitators Rtn Dr. Hari Kumar, Rtn Sree Kumar and Rtn Rajilan. PDG Dr G A George inaugurated.







**RC Vaikom Lake City** Learning Facilitator Rtn Sam Joseph







**RC Kaduthuruthy Town** Learning Facilitator Rtn Sam Joseph



**RC Alleppey North** Learning Facilitator Rtn Dr Suresh Kumar





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RC Trivandrum Metro Learning Facilitator Rtn Manikantan Nair

## **CONTINUOUS ROTARY ORIENTATION PROGRAM (CROP)**







RC Kollam City Learning Facilitator Rtn Dr Harikumar







RC Kazhakuttom Learning Facilitator Rtn Shibu Varghese







Zone 07 - RCs Trivandrum Amity, Tvm Ananthapuri, Tvm Metro, Balaramapuram and Neyyattinkara Learning Facilitators Rtn Pradeep Kumar and Rtn Albert Alex







Zone 23 - RCs Mannarasala, Haripad Greater and Muttom. Learning Facilitator Rtn Prakash Kaimal



#### **CONGRATULATIONS**

Rtn Sumesh Cheruvaranam, President Rotary Club of Sherthallai and winner of Ambedkar National Award, was honoured for his contributions in the development of Organic Farming, by Hon. Minister of Agriculture Shri. P Prasad, at the Inaugural Function of Cherthala Polima - Karappuram Kazhchakal - 2024, a 10-day agricultural expo organised by the Agriculture department at Cherthala.

## **DISTRICT PROJECT UYARE – ACTIVITIES**



**RC Ezhukone**Distributed sewing machines



RC Varkala
Inauguration of tailoring course

An 8 week long course giving training in stitching, tailoring and garment designing for women, arranged by Rotary club of Varkala in collaboration with the ED club of SN college Varkala was inaugurated by District Secretary General Rtn. Roynold Gomez. Municipal Chairman Sri. K M Laji was the chief guest. 40 students were admitted to this course.







**RC Trivandrum Suburban** 

Entrepreneurship Development Program & soft launch of a Startup "SARA" organized by the RC Trivandrum Suburban at Chinnamma Memorial Girls Higher Secondary School, Poojappura. 209 students & 12 faculties attended.



**RC Quilon East** 

Certificates were handed over to 20 successful participants of the 3 month's Beautician Course project under "Uyare".



**RC Kaduthuruthy Town** 

Certificates were awarded to Trainess of Uyare project on solar panels installation.







**RC Kattakada** 

45 differently-abled students, from Trivandrum North Educational Zone, were given training in making LED bulbs, @ St Roch's High School.



Miss. Tiffany Maria Brar, founder of Jyothirgamaya Foundation, inspired the children with her own upbringing and challenges she faced as a blind person







RC Trivandrum Suburban and RC Quilon

Organized an Inter-Club Skill Development Workshop and Career Guidance at Sree Narayana College for Women, Kollam.

RC Alleppey Greater

Conducted IQ Challenge Competition, titled "Within the Seconds", for students from 50 schools.

## **DISTRICT PROJECT UYARE – ACTIVITIES**





RC Trivandrum Suburban and RC Quilon
Organized an Inter-Club Skill Development Workshop cum
Career Guidance at TKM College of Arts & Science, Kollam. 130 students of commerce and management studies participated.

RC Aranmula

Motorized stitching machine given to a lady cancer patient, after imparting stitching training under Uyare.



RC Trivandrum Suburban and RC Quilon Inter-Club Skill Development Workshop at AKM HSS, Mylapore, Kollam



RC Kottayam East Conducted a glass painting class in association with Fevicryl. Faculty was Smt: Shanu Ravindranath.







**RC Trivandrum Suburban** 

Collaborated with Harithasree (a renowned organic farm association) and organized a Community Development Program for organic farmers. Organic farmers were felicitated, and skill development workshops provided for organic vegetable cultivation, pest control, and the creation of value added products.







RC Trivandrum South
Set up a Maths and Computer lab for LMS Higher Secondary
School, Vattappara in association with Muthoot group.



RC Trivandrum Suburban
Donated a tailoring machine
during District Governor's Official Visit







**RC Kazhakuttom** 

An up-skilling project for the Haritha Karma Sena volunteers from three zones of Trivandrum Corporation was inaugurated by District Governor Sudhi Jabbar, New Year gifts were also presented to the participants.

## **SPECIAL DAYS OF OBSERVANCE**













**RC Alleppey East** 

Observed World AIDS Day in association with Indian Medical Association and Beach Wheelers Club. Aids Awareness Seminar, Cycle Rally and Human Chain in the form of red ribbon, were organized.







**RC Alleppey Greater** 

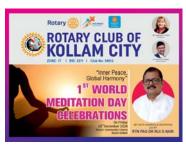
Rtn. PHF Col. Vijaykumar presided over the meeting held at the Alleppey Collectorate, as part of Armed Forces Flag Day observance. The event was inaugurated by the District Collector, Shri Alex Verghese, IAS



RC Sherthallai Observed International Day of Persons with Disabilities











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#### **RC Kollam City**

Observed World Meditation Day. Key note address and meditation led by Rtn PAG Riji G Nair.

## **CHRISTMAS AND NEW YEAR CELEBRATIONS**







#### **RC Quilon East**

Christmas & New Year Carnival 2024 featuring world's tallest dancing Xmas tree (set to become a Guinness World Record) with more than 100 papas performed live dance at the same time. Also featured Snow Village, Exhibition stalls, food and shopping avenues. Rotary Club of Quilon East was a supporting partner of this great initiative sponsored by Rtn. Rajive Paul, Chungath Jewellery, a senior Rotarian of RC Quilon East.







RC Quilon East
District Governor Sudhi Jabbar visited the venue of Christmas & New Year Carnival 2024







**RC Vaikom** Christmas Celebrations

**RC Trivandrum Suburban**Christmas and New Year Celebrations during DG Visit







RC Quilon East
Christmas snacks kits were distributed to the students & staff of Malayalisabha UPS School,Thevally, Kollam









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Rotary e-Club of Kerala Global Dubai Christmas Celebrations during District Governor's Official Visit

#### **CHRISTMAS AND NEW YEAR CELEBRATIONS**







**RC Quilon Heritage** 

Organized 2 days of Carol, singing, dancing travelling together, visiting all families and distributing gifts.

The Carol was flagged off by City Police Commissioner Ms. Chaithra Theresa John.









**RC Karode** 

Inter District Xmas New Year Meeting with RC Kanyakumari and RC Nagarcoli Town of RI District 3212







**RC Vaikom Lake City** 200th Meeting and Christmas New Year Celebrations

RC Peruva Christmas Celebrations

## **RAY OF HOPE FOR HOMELESS - PROJECT UDAYKIRAN**











## **Congratulations**

Annet Alan Jerry, son of Rtn Jerry Fernandez RC Kazhakuttom, attended International Rotary Youth Leadership Awards (RYLA) at Virudhunagar, Tamil Nadu







RC Vaikom Lake City
Medical Camp @ Erumeli Asmptn Ferona Church

**RC Vaikom Lake City**Fifth Charter Day Celebrations









Friendship Through Rotary Leadership Institute

Rtn Dr Anu Jayaprakash Pillai, President of RC Karwar Seaside and Rtns Pradeep Kumar & Dr Rajendran of RC Kazhakuttom formed a bond of friendship during the Rotary Leadership Institute (RLI) held at Goa, last year. When their club planned a visit to South India, Rtn Dr Anu, reached out to Rtn Pradeep Kumar, which resulted in a truly enjoyable and memorable occasion for both the clubs. Further ahead, everyone is looking forward to the visit of Kazhakuttom Team to Karwar.

RC Kazhakuttom
Joint Meeting with Rotary Club of Karwar Seaside, District 3170



RC Kundara Central Medicines to Kareepra Gandhibhavan Saranalayam



**RC Kuzhimathicad**Fund support to the family of an Accident Victim



RC Alleppey East
Eye Donation Awareness Seminar





RC Kazhakuttom

Rtn Pradeep Kumar was honoured when he visited Ambattur Rotary Hospital, sponsored by RC Ambattur.

RC Trivandrum Symphony & RC Trivandrum Metropolis
Joint Meeting

RI DISTRICT 3211

**GOVERNOR'S MONTHLY LETTER** 

DARPANAM

**JANUARY 2025** 









**RC Alleppey Greater** 

New Rotary Hall and Rotary Park inaugurated by MLA Shri H Salam in the presence of Rotary Leaders



**RC Attingal Town**Treatment Support to a liver patient



**RC Vaikom Lake City** Financial Support for Hearing Aid



**RC Kazhakuttom** 'Bottles of Hope' Water bottles with photos of students at Thekkada LPS









**RC Quilon East** 

Support to Paliative Care Unit of Alpha Charitable Trust by donating patient care equipment, surgical instruments, patient care consumables etc







## **RC Paippad**

Rty Ann Dr. Anju George, Principal of CMS College, gave a unique Christmas gift to the daily wage workers at her college. Through the project "Focus," a teacher's group at the college, she made their dream of flying come true by arranging a trip to Bangalore. This was also featured on prominent news channels..



**RC Quilon** Donated 25 wheel chairs to Regional Cancer Center, Trivandrum



**RC Alleppey East** Cataract Operation Camp in association with Little Flower Hospital Angamal



**RC Nedumoncavu** Donated Airport Chairs and Fans for Community Health Centre Nedumoncavu









RC Kuzhimathicad
Mega Medical Camp with free medicines and free blood checkup



RC Kozhencherry Hon. Minister of Health Mrs.Veena George inaugurated 'PRANAMA' Funeral Event Management



RC Trivandrum Suburban
Ms. Sheeja Sandra, , a dedicated social worker, delivered a talk on 'Caring for differently abled children and their parents: sharing inspiring experiences'



**RC Haripad**Diabetic Foot Detection Camp



**RC Paippad**Aid to a poor family supported by PDG John Daniel





ROTARY COMMUNITY CENTR Beach Kollam at Modary Chibrol Qulloo

RC Quilon Food Crnoval 2024 was inaugurated by Shri M Mukesh MLA



RC Alleppey East
DGE inaugurates All Kerala Kids
Basket Ball Championship

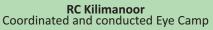


RC Kottayam Central
Awareness class for Cervical Cancer and Menstrual Hygiene at St Mary's HSS by
Rtn. Ann Dr Sherin Annamma Thampan Consultant Gynecologist Caritas Hospital





**RC Kottayam Central** Donated a prosthetic limb





**RC Mannarasala Emerging Young Talent Award** 

given away by PDG Srinivasan

**RC Kazhakuttom** Class on Waste management for SPC team of SNGHSS Chempazhathi by Sri Udayakumar, Retd. Forest Ranger



**RC Mannarasala** Vocational Excellence Award given away by PDG Srinivasan



**RC Kazhakuttom** Class on Mental Health for SPC team of SNGHSS Chempazhathi by Dr Susha John Consultant Psychiatrist KIMS Health





**RC Varkala**Food Kits Distribution for Sivagiri Pilgrims inaugurated by District Governor Sudhi Jabbar

**RC Kaduthuruthy Town** Awareness Seminar at VHSS Kaduthuruthy on Drug Abuse and its Consequences



**RC Quilon** Conducted Social auditing of Government District Hospital, Kollam to improve the quality of services



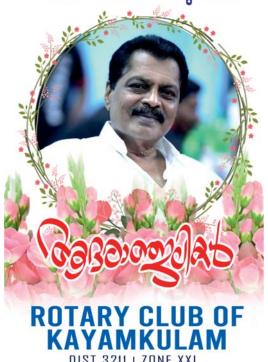


**RC Varkala Town** Food Kits Distribution for Sivagiri Pilgrims inaugurated by District Governor Sudhi Jabbar

## **OBITUARY**

## Rtn PP P. R. Ganapathy Krishnan, RC Kayamkulam

**മുൻ ക്ലബ്ബ് പ്രസിഡന്റ്** Rtn. PHF P.R. **ഗണപതി കൃഷ്ണന്** 



Rtn P R Ganapathy Krishnan (62), Past President of Rotary Club of Kayamkulam, passed away on 13.12.2024.

The funeral was held at his Residence on 14.12.2024.

## Rtn M V Jayaraj, RC Vembanad Pallippuram

Rtn.M.V.Jayaraj (67), Rotary Club of Vembanad Pallippuram, passed away on 14.12.2024. The funeral was held at his residence at Pallippuram on the same day. He was a thorough gentleman with an affable smile and manners. He was a retired employee of the Southern Railway.

He is survived by his wife Remadevi and 2 sons Mithun Raj and Nikhil Raj.



## VALIYA PERUNNAL







# **ROTARY DISTRICT 3211**



ROTARY INTERNATIONAL, PRESIDENT

DSTRET FERENC



AKSM RTN. SUDHI JABBAR DISTRICT GOVERNOR

February 8<sup>th</sup>





Venue: Gokulam Park Hotel & Convention Centre Kochi, Ernakulam



RTN. MAJOR DONOR P.N. KRISHNAKUMAR





